15 th European Open Karate Championships Kyokushin Karate European Cup

Place: Sports Hall "Globus", Kazimierza Wielkiego st., Lublin, Poland

Date: November 26th – 27th, 2016

Organizer: International Karate Organization Kyokushinkaikan - Poland

Shihan Jacek Czerniec, IKO Poland Branch Chief

More info: www.ikopoland.com

Contact: ikopoland@gmail.com, shihan Jacek Czerniec tel. +48 602757003

Registration: The registration process will take place via the Honbu website.

(http://www.kyokushinkaikan.org/bc-login/) between 10th – 26th October.

Hotel: Hotel reservations: everyone has to find a hotel/hostel himself

Nearest airports:

Airport (Lublin) - http://www.airport.lublin.pl/en/ Airport (Warsaw) - http://www.lotnisko-chopina.pl/

Fees: Junior participant fee/ Kumite 50 EURO, Kata 40 EURO, Kumite + Kata 70 EURO

Kumite open participant fee/ 60 EURO

Seniors +35 kumite participant fee/ 60 EURO

Kata participant fee/ 60 EURO

Team Kata participant fee/ 60 EURO per Team

Sayonara/ 25 EURO till November 10th, after / 30 EURO

Kancho Shokei Matsui seminar/ 50 EURO, November 26th.

Free admission for Branch Chiefs & EC Open Competitors,

All participants and team members of the Championship must have a valid insurance.

The organizer does not provide any insurance and does not take responsibility in this area.

General public–free admission–no tickets required.

Categories European Open Championships:

Senior +18 Years old **KUMITE** match duration Elimination round 2min->2min Men Open from quarter finals 3->2->2-> tameshiwari->weight (10kg)->2 Women Open from semi finals 3->2->2-> tameshiwari->weight (5kg)->2 Will Fight for 3rd and 4th place;

Categories Kyokushin Karate European Cup:

Assignment to a particular weight category is dependent on the date of birth as of November 27th, not birth year.

10-11 years old

KUMITE match duration 90sec ->90sec Boys -35; -45; +45; Girls -35; -40; +40; (Prizes for places 1st, 2nd, 3rd, 3rd - no fights for 3rd place) **KATA** Boys Girls (Prizes for places: 1st, 2nd, 3rd)

Preliminary round - Pinan Sono ni Final round (top 8)Pinan Sono san, Pina Sono yon, Pinan Sono go, Gekisai Dai, Gekisai Sho, Yantsu, Saifa, Tsuki no Kata, Seienchin

12-13 years old

Preliminary round - Pinan Sono ni

KUMITE match duration 90sec ->90sec Boys -40; -50; +50; Girls -40; -45; +45; (Prizes for places 1st, 2nd, 3rd, 3rd - no fights for 3rd place) **KATA** Boys Girls (Prizes for places: 1st, 2nd, 3rd)

Final round (top 8) Pinan Sono san, Pinan Sono yon, Pinan Sono go, Gekisai Dai, Gekisai Sho, Yantsu, Saifa, Tsukino kata, Seienchin

14 - 15 years old

KUMITE match duration 90sec ->90sec

Boys -50; -55; -60; -65; -75; +75;

Girls -50; -55; -60; +60;

(Prizes for places 1st, 2nd, 3rd, 3rd - no fights for 3rd place)

KATA

Boys

Girls

(Prizes for places: 1st, 2nd, 3rd) Preliminary round - Gekisai Sho

Final round (top 8) - Tsuki no Kata, Saifa, Garyu, Seienchin, Seipai, Kanku, Sushiho.

16 -17 years old

KUMITE match duration 2min ->2min

Boys -55; -60; -65; -70; -75; +75;

Girls -55; -60; +60;

(Prizes for places 1st, 2nd, 3rd, 3rd - no fights for 3rd place)

KATA

Boys

Girls

(Prizes for places: 1st, 2nd, 3rd) Preliminary round - Gekisai Sho

Final round (top 8) - Tsukino kata, Saifa, Garyu, Seienchin, Seipai, Kanku, Sushiho.

Mandatory protective gear for Juniors

- head gear (with face cover 10-13 y.o.)**
- head gear (no face cover 14-17 y.o.)**
- mouth guard 14-17 y.o.
- body protectors (up to quarterfinals,

semi-finals and finals without

protectors)**

- fist guards (IKO standard fist guards)
- shin pads (IKO standard shin pads)
- boys groin cup
- girls groin guard
- girls breast pads (IKO standard girls breast pads)
- ** Organizer will provide body protectors and head gear.

Senior +18 Years old

KATA

Men

Women

(Prizes for places: 1st, 2nd, 3rd) Preliminary round - Gekisai Sho

Final round (top 8) - Tsukino kata, Saifa, Garyu, Seienchin, Seipai, Kanku dai, Sushiho.

35-39 years old

KUMITE (Prizes for places 1st, 2nd, 3rd, 3rd - no fights for 3rd place) Seniors Man -85; +85;

+40 years old

KUMITE (Prizes for places 1st, 2nd, 3rd, 3rd - no fights for 3rd place) Seniors Man -85; +85;

Team Kata

Open to all age and gender

Rules:

Team: 3 ∼ 5 person per team,

Performing Kata: (No Preliminary round) Any Kyokushin Kata except for Ura, Sanchin, Tensho,

Bassai Dai and Tekki

Performing Time: Maximum 5 min.

Required Elements:

- Perform one Kata by all team members.
- Perform same Kata a second time demonstrating the Kata's "Bunkai" in a freestyle format.
- No Music, No Breaking, No Props (fake weapons & knives etc.,) Must wear Karate Dogi.

EVENT SCHEDULE:

25th November (Friday)

14:00-19:00 Accommodation in Hotels

10:00-18:00 Verification of all participants

Verification of participants will take place in Hotel korona

To pass the verification you must bring:

- IKO Membership Card, Passport, Doctor's agreement (without HIV), Waiver form, Dogi jacket, Protective Gears and be ready for the weight

15:00-17:00 Judge Seminar

17:00 European Meeting of BC's and DO's

26th November (Saturday)

9:00-11:00 Seminar with Kancho 13.00 Official opening European Open Championships 20:00 Sayonara in Hotel Korona

27th November (Sunday)

10:00 Official opening of the European Cup Junior, Senior, Kata

OSU!